

MEAL PLANS & DIETARY NEEDS

Eating - the most important part of any holiday! At the restaurant, you will enjoy some amazing food and local cuisine as well as the chance to meet some wonderful people from around the world.

The Meal Plan

Each night you stay at the resort requires a meal plan, which includes breakfast, lunch and dinner. This is carefully designed to showcase the best of the local talent and utilises only the freshest and locally sourced ingredients.

Black Rock Restaurant

Our open plan restaurant features shared dining or private tables just for you. With the our friendly staff taking care of your every need and our band boys playing island tunes, you will enjoy something different each day and night.

Breakfast - 7:30am - 10am

The day begins with an a la carte menu with a selection of many delicious hot items as well as a continental breakfast comprising of fresh fruit, a variety of juices, a selection of cereals, fresh baked goods, coffee and a variety of teas.

Lunch - 12:30pm - 2pm

Along with the classic favourites and daily Fijian specialities, lunch is an a la carte menu with yummy choices for everyone.

Dinner - 6:30pm - 9pm

You won't get bored when it comes to dinner with our multi choice five course menu, which changes every two days. We start with an amuse bouche, then entrée (appetizer), sorbet, the main course and end with dessert.

Special Occasions

What better place than a remote tropical island to truly bring romance alive. Treat yourself to a beautiful, candle-lit private beach side dinner with bubbles and fresh lobster and fish accompanied by an assortment of sides. If you don't eat seafood, the chefs can offer an equally as impressive alternative.

Arrange cake, bubbles and private beach lunches for that special someone, or just because!

These options can be pre-booked or arranged at the resort when you are there and added to your room account.

Children's Dining

Kids' meals are all served together at a time that suits you or there is an early supervised Kids' Club dinner. We have a kid-pleasing menu for the young ones that features the classic favourites as well as healthy and fresh items.

Frequently Asked Questions

Is the meal plan compulsory?

Yes, due to the nature of the islands and logistics of the resort, each guest must have a meal plan. This allows our chefs to prepare and there are no prices on the menu making your food decisions easy!

How does the meal plan work?

Your meal plan begins with the first meal you have, i.e. if you arrive at 4pm then you will start with dinner and finish with lunch on your departure day.

Are drinks included?

Drinking water is always available at the bar and any other drinks will be charged back to your room account. Breakfast includes tea, coffee and fresh juice.

Are snacks available?

Yes, at a small extra cost there is a snack menu at the bar that provides in-between meal fillers. You are welcome to bring your own snacks, to keep in your room, but we would recommend an airtight container to avoid any unwelcome visitors!

Testimonials

"The food quality was equivalent to Michelin star dining. I came with no expectation for resort food but left the place feeling extremely satisfied. Service was great - all the service staff make sure to introduce themselves and get to know our names too."

"The food every day never disappointed, we even paid for a private BBQ one night which was particularly incredible."

"Each meal was delicious and perfect and I can't think of a single complaint. My two fussy eaters were catered for and the fish we caught during our trip were cooked for us superbly."

We successfully cater to a number of diets and food intolerances:

- Vegetarian
- Vegan
- Celiac/Gluten free
- Pescatarian
- Halal
- Dairy and lactose free
- Nut and peanut free
- Eggs free



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